

TRANSMISSION

1 Lift flap over **DISTRESS BUTTON**.

2 **Press and hold down DISTRESS BUTTON for at least 6 seconds.**

3 Press **#A→** on the handset, or wait 15 seconds to initiate distress automatically. The handset display reads:

4 When the Rescue Coordination Centre (RCC) Operator answers, *speak clearly*, and give the following message:

- **MAYDAY MAYDAY MAYDAY**
- **THIS IS** (*ship's name and identity*) **CALLING ON INMARSAT FROM POSITION** (*latitude and longitude, or relative to a point of land*).
- **MY INMARSAT MOBILE NUMBER IS** (*IMN for the Nera F77 telephone you are calling from*) **USING THE** (*Ocean Region*) **SATELLITE.**
- **MY COURSE AND SPEED ARE** (*course and speed*).
- **NATURE OF YOUR DISTRESS**, for example:

> Fire/explosion	> Listing	> Abandoning ship
> Flooding	> Sinking	> Piracy attack
> Collision	> Disabled	> Medical service
> Grounding	and adrift	required
- **ASSISTANCE YOU REQUIRE.**
- **OTHER INFORMATION** to help rescue units.

End your message by saying "OVER", which is the invitation for the RCC to reply.

5 Follow the instructions from the RCC Operator, and when requested, replace the handset in the cradle to await further calls.

6 Keep the telephone line clear so that the RCC can call you back when necessary.

RECEPTION

- The **ALARM BUZZER** is activated when a distress call is received.
- When answering the call by pressing , the **ALARM BUZZER** stops. The handset displays **Incoming DISTRESS**.
- Note down and follow the instructions from the caller.

